

## **Children's Division**

### **Class description and Dress code information**

#### **Serendipity (Serendipity 1: age 3.5-4.5 Serendipity 2: age 4.5-6)**

Class Description:

**Serendipity** is designed to introduce young children to the creativity and artistry of dance. Classes include work on basic motor skills, coordination, flexibility, rhythm, spacial awareness and design. Stories, games, props, and music of all kinds are used to inspire the imagination. Self-expression is fostered and self-discipline is encouraged. Class size is limited.

#### **Dress Code:**

Any color leotard or unitard, tights, and ballet slippers. No unattached skirts or tutus please. Hair pulled back in a neat and secure ponytail or bun.

#### **Pre-Ballet (Pre-Ballet 1: age 6-7 Pre-Ballet 2: age 7-8)**

Class Description:

Pre-Ballet classes combines the free spirit of Serendipity with a gentle introduction to the fundamentals of Ballet.

#### **Dress Code:**

Black leotard (any style), pink or black tights, and pink or black ballet slippers. No skirts or tutus please. Hair pulled back in a neat and secure bun.

#### **Ballet (level 1 and up)**

Class Description:

begins at age 8. Classes emphasize careful training of the young body, and a solid foundation for further study. Students move through the Levels according to maturity and technical ability.

**Intermediate and Advanced Ballet:** Three classes required; four for advanced pointe work.

**Pointe** students are evaluated for pointe at about 11 years of age and must have attended 2 classes per week for at least 1 year in preparation.

#### **Dress Code:**

For girls: black leotard, pink tights and pink ballet slippers. For boys: white T-shirt, black tights and black or white ballet slippers.

#### **Choreography**

Class Description:

**Choreography 1/2** students are introduced to basic dance composition. We will learn tools and choreographic devices to turn our movements into phrases and dances.

**Choreography 3/4** students build upon their composition skills by working with sophisticated choreographic tools and devices. We also bring elements outside of the dance field such as music, text, objects, and the environment in to our compositions.

#### **Dress code:**

Hair pulled back unless it's short (in which case a headband or pins to keep out of the face), bare feet or foot paws, leggings or some kind of stretchy bottoms (no jeggings), and a comfortable top that allows for upside down movement without having to adjust and fidget with it.

## **Hip Hop**

### **Class Description:**

Hip hop dance started in the 1960's as a combination of African and street dance and is set to the complex rhythms of music. Hip-hop music can bring about political awareness and call out injustices in our community and our planet. We carefully select music for class that promotes positivity. Dancers taking Hip Hop will learn current trends of movement and musicality and will find that hip hop dance can provide them additional skills in becoming a versatile dancer.

### **Dress Code:**

Sweats and a T-shirt, kneepads are recommended; CLEAN sneakers are permitted in the studio for Hip-Hop.

## **Modern 2/3**

### **Class description:**

Continues in the vein of Serendipity, encouraging coordination, flexibility, rhythm and spacial awareness. The basics of Modern Dance technique, choreographic tools and performing skills are introduced, accompanied by eclectic musical styles, rhythms and meters.

### **Dress code:**

Hair pulled back unless it's short (in which case a headband or pins to keep out of the face), bare feet or foot paws, leggings or some kind of stretchy bottoms (no jeggings), and a comfortable top that allows for upside down movement without having to adjust and fidget with it. Ballet attire is fine to wear for Modern class.

## **Modern Jazz**

### **Class Description:**

Emphasizes strength, coordination and style. A jazz movement vocabulary, including jumps, turns, leaps and progressions across the floor is developed into dance combinations. Students sample a wide range of styles from Broadway to classical jazz and funk inspired choreography.

### **Dress code:**

hair pulled back unless it's short (in which case a headband or pins to keep out of the face), bare feet or foot paws, leggings or some kind of stretchy bottoms (no jeggings), and a comfortable top that allows for upside down movement without having to adjust and fidget with it.

## **Repertory**

Open to students in Ballet 4/5 who would like to have the opportunity to learn original and classical repertory works. Class consists of barre and center exercises and learning ballet repertory in soft ballet shoes or Pointe shoes (at the discretion of the instructor).

Fall 2018 students will learn repertory from the Nutcracker.

Spring 2019 students will learn one to three repertory pieces chosen by the instructor. At least one performance opportunity will be available in the spring semester. Students will be notified at the beginning of the spring semester regarding performance dates.

## **Creative Movement for Boys**

### **Class Description:**

For ages 8-14. This class is offered in addition to weekly ballet technique class in the assigned level. Creative Movement offers music, movement and rhythm plus freedom of expression. The primary goal of this class is to build strength and athleticism while giving our boys and young men the opportunity to train together.

Attire: Fitted, white t-shirt, black dance tights or leggings and black or white ballet shoes. Hair styled off the face.