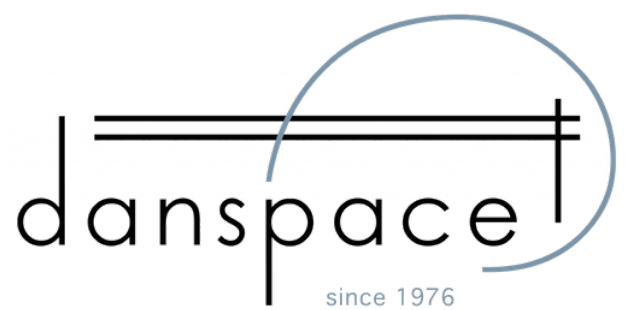


Ballet Fundamentals for Adults at Danspace



Whether you are a first-time ballet student or a long-time student looking to get back into class, this series is a great opportunity to explore the fundamentals of ballet. Join Mary Armentrout & Katie Taylor to explore the ways your body is made for ballet!



Series 3

Sundays, January 5 - February 23, 2020

12:00-1:30pm

8-week series: \$128

Series 4

Sundays, March 1-April 19, 2020

12:00-1:30pm

7-week series: \$112

Free class for Bay Area Dance Week: May 3

Series 5

Sundays, May 10-June 21, 2020

12:00-1:30pm

7-week series: \$112

Ballet Fundamentals is offered periodically and is designed for true beginning ballet students. This series explores the foundations of Ballet technique to prepare new students for Beginning Ballet classes and is an excellent class for more experienced dancers to review and explore the building blocks of Ballet technique.

**To Register: Email info@danspace.com
Learn more about our faculty at danspace.com**

Danspace was founded in 1976 offering classes for children, teens, and adults. Information about its programs can be found at www.danspace.com. The school has been residing at its location in the Rockridge neighborhood of Oakland, California since 1985.

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