

Choreography with Mary Armentrout



An opportunity for emerging choreographers everywhere!

**Mondays,
7:00-9:00pm**

**Session 1: October 21 - December 23, 2019
10 class meetings weekly
Tuition: \$160**

**Session 2: January 6 - April 20, 2020
16 class meetings weekly
Tuition: \$256**

**Session 2 culminates with an in-studio showing at
Danspace on Saturday, April 18, 2019 at 4:00pm**

Lab time is available and included in tuition.
Days and times for Lab time are somewhat flexible and vary
Lab time will be discussed in class.

To Register: Email info@danspace.com

This class is a combination of class/lab time, independent rehearsal time, and feedback time. You will embark on the creation of a dance after a period of small studies, and after settling on a topic that interests you, guided by instructor Mary Armentrout, award winning, internationally acclaimed choreographer.

Mary Armentrout is a teacher, choreographer, dancer, and Feldenkrais Practitioner, and the director of the Mary Armentrout Dance Theater (MADT). Over the years she has taught movement and dance of many varieties to people from ages 4 to 60+. Her understanding of movement and the human body is informed by her decades of study of Contemporary Modern Dance, Ballet, Butoh, Aikido, Authentic Movement, Alexander Technique, and of course the Feldenkrais Method. Working across disciplines, her experimental choreographic works attempt to viscerally engage and complicate aspects of intentionality, presence, identity, and being-in-the-world for her audiences, and recently garnered an Isadora Duncan Dance Award. Her work has been presented at numerous venues all over the San Francisco Bay Area, as well as across the US and the UK, Europe, and China, recently touring to the Brighton Fringe and appearing in the San Francisco International Arts Festival.



Danspace was founded in 1976 offering classes for children, teens, and adults. Information about its programs can be found at www.danspace.com. The school has been residing at its location in the Rockridge neighborhood of Oakland, California since 1985.

473 Hudson St. Oakland, CA 94618 510.420.0920 info@danspace.com