

Danspace Adult Division Class Schedule 2025 - 2026 updated 12/30/2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
Ballet Fundamentals 10:15-11:15am Armentrout	Intermediate/ Advanced Ballet 6:15-8:00pm Valmore	Intermediate Modern Jazz 6:15-7:45pm Valmore		Feldenkrais 5:30-6:45pm Armentrout	Intermediate/ Advanced Ballet 11:00am-12:30pm Hoge
Advanced Beginning/ Intermediate Ballet 11:30-1:00pm Luce Pointe 1:00-1:30 Luce	Beginning Modern 6:15-7:30pm Simpson	Ballet Fundamentals 6:30-7:30 Taylor	Intermediate Ballet 6:15-7:45pm Armentrout Pointe 8:00-8:30pm Armentrout	Advanced Beginning Ballet 7:00-8:30pm Armentrout Slow Intermediate 7:00-8:30pm Taylor	
Beginning Ballet 1 11:30 -1:00pm Armentrout Beginning Ballet 2 1:15-2:45pm Armentrout					

Series run from September 8 - May 17. Students may join a class at any time during the series, class content is ongoing and reviewed often. Class must have 5 students to go.

Series 1: September 8 - November 2 (8-weeks)

Series 2: November 3 - January 18 (8-weeks)

Series 3: January 20 - March 15 (8-weeks; Monday classes, 6-weeks)

Series 4: March 16 - May 17 (9-weeks)

Tuition

- We offer our classes by the series. You must pay tuition for the series you are attending by the first day of class in that session.
 - Cost per series is \$160 cash or check, \$164.40 credit card; except the March-May series cost is \$180 cash or check, \$187.20 credit card.
 - Feldenkrais runs on a monthly series (\$80 cash or check, \$83.20 credit card; except the Nov-Dec series cost is \$120 cash or check; \$124.80 credit card).
- If you enroll in 2 or more classes in a series, there is a small tuition discount.
 - Pointe is not eligible for a multi-class discount.
 - Beginning with Series 3 Feldenkrais may be eligible for the multi-class discount if enrolling in Feldenkrais for the full series. If you prefer to enroll for the month only, the multi-class discount does not apply.
- Drop-in class: \$25 per class (*Must be scheduled in advance, no walk-ins.*)
- There is a 4% surcharge for credit card transactions to cover the processing fee.
- No refunds, Make-ups must be completed within the session you are enrolled.

Adult Division Class Placement Guidelines for Danspace

Email info@danspace.com to register for a class, or for assistance in choosing your class.

As a student of dance, consistent attendance in class allows for safe training and continuity with learning at any level.

Ask your teacher if you have questions about your current class level or how to move up.

Ballet Fundamentals: For students who have never attended a ballet class or have attended ballet class regularly for less than one year.

Beginning Ballet 1: For students who have attended a ballet class regularly for at least one year and have a good understanding of ballet terminology and alignment.

Beginning Ballet 2: For students who have attended a ballet class regularly for at least two years and have a good understanding of ballet terminology and alignment.

Advanced Beginning/Intermediate Ballet: For students who have attended three or more years of ballet regularly and have a solid understanding of ballet terminology, alignment and execution of movement.

Intermediate Ballet: For students who have attended three or more years of ballet regularly at least two times per week and have a solid understanding of ballet terminology, alignment and execution of movement.

Pointe: Offered following Ballet technique class. You must enroll in the Ballet technique class to register for the Pointe class. Students working in their pointe shoes should attend a ballet class at least twice per week.

Repertory: Offered from time to time when there is interest. For students who are currently and consistently enrolled in a class series. Class is run as a 10-week series, students must be able to attend all classes and the culminating performance.

Composition: For students who are currently and consistently enrolled in a class series, or by exception of the teacher. All levels are welcome. Class is run as a multiple week series, see website for dates and details.

Feldenkrais is a somatic practice that explores awareness through movement. All levels are welcome.

Beginning Modern: For students who have never attended a Modern dance class or have attended Modern class regularly for less than one year. Offered when there is interest.

Intermediate/Advanced Modern Jazz: For students who have attended a Modern dance class regularly for at least one year and have a good understanding of Modern dance terminology and movement vocabulary.